

SUPPLEMENT FACTS, INGREDIENTS & DIRECTIONS

12 - 14 Fl.Oz. Shakes

Vanilla Creme

Supplement Facts

Serving Size 14 Fl Oz (414mL)

Servings Per Container: 12

Amount Per Serving

Calories	220	
Calories From Fat	80	
Total Fat	9g	14%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	25	8%
Sodium	350mg	15%
Potassium	490mg	14%
Total Carbohydrate	4g	1%
Dietary Fiber	1g	4%
Sugars	3g	
Protein	32g	64%
Vitamin A		25%
Vitamin C		25%
Calcium		70%
Iron		25%
Vitamin D		25%
Vitamin E		25%
Vitamin K		25%
Thiamin		25%
Riboflavin		25%
Niacin		25%
Vitamin B6		25%
Folate		25%
Vitamin B12		25%
Biotin		25%
Pantothenic Acid		25%
Phosphorus		25%
Iodine		25%
Magnesium		25%
Zinc		25%
Selenium		25%
Copper		25%
Manganese		25%
Chromium		25%
Molybdenum		25%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Other Ingredients:

Filtered Water, Diafiltered Skim Milk, OhYeah! Proprietary Blend (Milk Protein Concentrate, Whey Protein Concentrate, Calcium Caseinate), Sunflower, Safflower, And/Or Canola Oil, Less Than 2% Of: Vitamin And Mineral Blend (Potassium Citrate, Magnesium Phosphate, Sodium Phosphate, Potassium Phosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Amino Acid, Tocopherol Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytomenadione, Potassium Iodide, Copper Amino Acid, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Cholecalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamine, Manganese Sulfate), Lactase, Natural And Artificial Flavors, Cellulose Gel, Cellulose Gum, Acesulfame Potassium, Datem, Sucralose, Xanthan Gum, Salt.

Contains Milk.

Directions: Shake well. Serve Chilled. Refrigerate after opening. May be used as a meal replacement.

** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

