



True Mass Highlights:

- Official lean mass gainer of Team BSN athletes
- Complete calorie/nutrient support for beginner through advanced mass-gaining needs
- A.M.-P.M. nutrient blend; 6 fast-absorbing and long-acting protein sources. plus complex ("good") carbs
- Fortified with BCAA's, Glutamine AKG, Glutamine peptides, MCT's, fiber and active Protein Utilization enzymes
- Aspartame-free
- Mouth-watering great taste

True Mass Benefits:

- Macronutrient heavy weight gainer perfect for bodybuilders with higher metabolic rates and/or intense training demands
- Ideal for "hard gainers" who have difficulty gaining weight and lean muscular mass
- Ideal post workout formula; helps bodybuilders recover from intense training; replenishes glycogen and provides nutritionally complete amino acid profile for muscle growth
- Fortified with BCAA's and glutamine peptides for maximum recovery and tissue repair
- Multi-functional, 7 hour sustained release 6-protein blend + carbohydrate complex ideal for A.M. and P.M. bodybuilder use; minimizes fat gain

Product Specs:

Function: Ultra-Premium A.M.-P.M. Lean Mass Gainer

Size: 2.61kg

Form: Powder